



MENU

Hours

M-F 11AM-8:40PM
SAT 11AM-3:40PM
SUN CLOSED

SMALL BITES

- FRENCH FRIES** \$6
- PERSONAL PIZZA** \$7
Available cheese or pepperoni
- CHICKEN FINGERS** \$9
Available plain, buffalo, Carolina gold or honey BBQ
- CHICKEN WINGS** \$10
Available plain, buffalo, Carolina gold or honey BBQ

SALADS

- GARDEN** 🍏 \$10
Romaine, grape tomato, cucumber, red onion
- CAESAR** \$10
Romaine, shaved parmesan, herbed croutons
- STRAWBERRY GOAT CHEESE** 🍏 \$11
Spring mix, candied walnuts, fresh strawberries, goat cheese, balsamic drizzle
- APPLE WALNUT** 🍏 \$11
Spring mix, granny smith apples, walnuts, dried cranberries
- CRUNCHY KALE** 🍏 \$11
Kale, avocado, dried cranberry, sliced almonds, feta crumble, vidalia onion vinaigrette
- GREEK** 🍏 \$11
Romaine, olives, feta, cucumber, red onion
- NEW! CEDARDALE COBB** \$12
Romaine, hard boiled egg, cherry tomato, avocado, bacon, blue cheese, apple cider vinaigrette

ADD-ONS:

- GRILLED CHICKEN \$5
- CHICKEN SALAD \$6
- SALMON \$8

HANDHELDS

- ANGUS PUB BURGER** \$10
Angus beef, lettuce, tomato, onion, pickle, American cheese
- BBQ HONEY BACON CHEESEBURGER** \$11
Angus beef, bacon, cheddar cheese, BBQ sauce, honey drizzle
- AVOCADO TOAST** 🍏 \$8
Artisan multigrain toast, sliced avocado, grape tomato, everything bagel seasoning
- BLT** \$9
Artisan multigrain toast, bacon, lettuce, tomato
- GRILLED CHICKEN CHIPOTLE** \$10
Grilled chicken, lettuce, tomato, onion, chipotle aioli, brioche bun
- GRILLED C.B.C.** \$11
Grilled chicken, bacon, cheddar, BBQ sauce, honey drizzle, brioche bun
- CRISPY CHICKEN** \$10
Breaded chicken, mayo, pickles, brioche bun
- CHICKEN SALAD** \$11
Creamy chicken salad, lettuce, tomato, onion, pickles on your choice of wrap, brioche bun or artisan multigrain bread
- CHICKEN CAESAR WRAP** \$10
Grilled or crispy chicken, romaine, shaved parmesan, caesar dressing
- BUFFALO CHICKEN WRAP** \$10
Crispy chicken, romaine, Mexican cheese blend, buffalo sauce
- SOUTHWEST CHICKEN WRAP** \$10
Grilled chicken, corn + bean salsa, Mexican cheese blend, chipotle aioli

BOWLS

- TERIYAKI CHICKEN + BROCCOLI** 🍏 \$12
Grilled chicken, rice, quinoa, broccoli, teriyaki glaze
- BAJA BOWL** 🍏 \$12/\$14
Choice of grilled chicken or salmon, rice, quinoa, avocado, grape tomato, corn + bean salsa, cilantro lime crema

SIDES

- SIDE SALAD** 🍏 \$3
- STEAMED BROCCOLI** 🍏 \$3
- CARROTS + CELERY STICKS** 🍏 \$3
- POTATO CHIPS** \$2



🍏 REGISTERED DIETICIAN APPROVED

LAST CALL FOR FOOD AND ALCOHOL IS 20 MINUTES BEFORE CLOSING TIME.

DRINKS

CANNED COCKTAILS

CANTINA TEQUILA SODA	\$6.50
<i>Watermelon, Ranch Water, Grapefruit</i>	
VOLLEY TEQUILA SODA	\$6.50
<i>Lime, Ginger, Mango, Grapefruit</i>	
STATESIDE VODKA SODA	\$6.50
<i>Lemon Cucumber Mint, Orange, Pineapple, Black Cherry</i>	
SURFSIDE ICED TEA + VODKA	\$6.50
<i>Regular, Peach</i>	
JACK DANIELS + COCA COLA	\$6.50
CAZADORES MARGARITA	\$6.50
SUNNY D VODKA SELTZER	\$6.50

WINE

WHITES

PINOT GRIGIO	\$7.50
SAUVIGNON BLANC	\$7.50
CHARDONNAY	\$7.50
PROSECCO	\$7.50

REDS

PINOT NOIR	\$7.50
CABERNET SAUVIGNON	\$7.50

ROSE

ROSE	\$7.50
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BEER

ON DRAFT

BUD LIGHT	\$4.00
ALLAGASH WHITE	\$6.00
DOWNEAST CIDER	\$6.00
BLUE MOON	\$6.00
SIERRA ROTATIONAL	\$6.00
MAINE LUNCH IPA	\$8.00

CANNED

FIDDLEHEAD IPA	\$6.00
BE HOPPY IPA	\$6.00

BOTTLED

BUD LIGHT	\$4.25
MICHELOB ULTRA	\$4.25
MILLER LIGHT	\$4.25
CORONA EXTRA	\$5.25
CORONA PREMIER	\$5.25

NON-ALCOHOLIC

ATHLETIC RUN WILD IPA	\$5.00
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